

Be the Architect of Your Family.

After reflecting on the shift in parents over the last twenty-five years from more or less confident they were doing okay to isolated and anxious, former teacher Elisabeth Stitt founded Joyful Parenting Coaching in 2014. Elisabeth's mission is to support parents in getting the skills they need to restore their confidence as parents and their enjoyment in the role. Joyful Parenting Coaching newsletters, blogs, workshops and webinars all strive to provide a balance between concrete advice and the understanding that there are many, many ways to approach parenting--and each family has to find what works for them and the child they have.

“Good parenting is the millions of small gestures that we make that make our kids feel safe, secure, and connected.”



FEATURED WORKSHOPS

3 TERRIFIC TIPS FOR GETTING YOUR KIDS TO LISTEN

- Discover parenting is a skill that can be taught, learned and practiced
- Learn three of Elisabeth's favorite time-tested techniques for cooperation from children small to big

FORMING A CLOSE CONNECTION WITH YOUR KIDS

- Get the latest research on how connecting benefits growing brains
- Learn how to bring more playfulness and heartfelt communication into your home.

CREATING EFFECTIVE CONSEQUENCES WORKSHOP

- Find out when and how natural consequences are most effective
- Identify when logical consequences are required
- Learn the 3 Keys to Effective Logical Consequences

[Book Elisabeth!](#)



Joyful
Parenting
Coaching

Parenting is a skill. It can be taught, learned, and practiced.

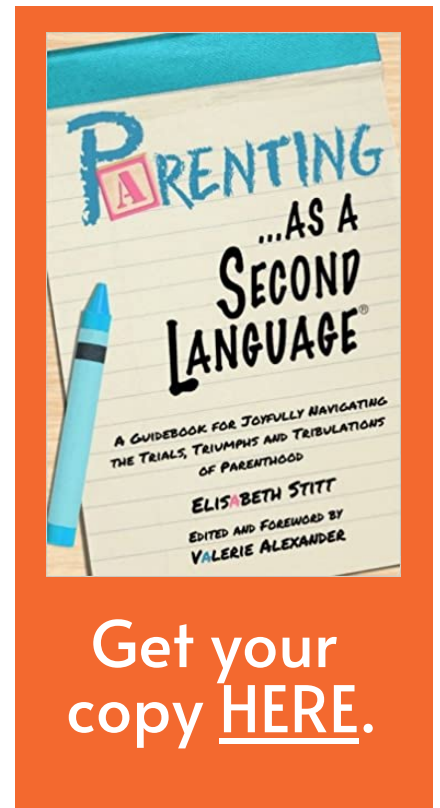
Organizations Elisabeth Has Worked With

Cumberland Elementary (Sunnyvale, CA), Village Little Preschool (Cupertino, CA), Palo Alto Women's Club (Palo Alto, CA), Kiwanis and Rotary clubs (Palo Alto, Petaluma and Los Gatos, CA), Academy for Active Learners (Portland, ME), Elizabeth Ames Nursery School at Wheaton College (Norton, MA), Workshop for Youth (Austin, TX), Children's House (Los Altos, CA), Bright Horizons at Cisco (San Jose, CA), BNI and Powerhouse networking organizations.

Accolades

Winner, Best of Mountain View: Parenting Classes, 2015, 2016, 2017, 2018, 2020

Listed, Best Parenting Blogs 2017: Top Influential Views



Book Elisabeth for your next virtual event!



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Let's connect.



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